

Town of Minerva, Essex County, NY
ACAP NUTRITION PROGRAM MENU JANUARY 2025
MENU SUBJECT TO CHANGE W/O NOTICE

		1 	2 Bakes Ziti Mixed Vegetables Fruit Cocktail Dinner Roll Milk	3
6	7 Pork w/Gravy Sweet Potato Brussel Sprouts Apricots Wheat Bread Milk	8	9 Shrimp Alfredo Fettuccini Pasta Broccoli Banana Wheat Bread Milk	10
13	14 Macaroni Cheese Beets Mixed Fruit Cup Wheat Bread Milk	15	16 Salmon Rice California Blend Veg. Blueberries Wheat Bread Milk	17
20 	21 Beef Stew Banana Wheat Bread Milk	22	23 Lasagna Italian Veggie Orange Wheat Bread Milk	24
27	28 Baked Haddock Egg Noodle Broccoli Banana Wheat Bread Milk	29	30 Hamburg w/Gravy Mashed Potato Green Beans Orange Biscuit Milk	31

Services and funding provided in whole or by part, by US Department of Health & Human Services, Administration on aging, New York State Office for the Aging, Essex County Office for the Aging and ACAP.

<p>Meal Site Pat 518-251-2510</p>
