

**Town of Minerva, Essex County, NY**  
**ACAP NUTRITION PROGRAM MENU NOVEMBER 2024**  
**MENU SUBJECT TO CHANGE W/O NOTICE**

4	5 Shepard's Pie Broccoli/Cauliflower Wheat Bread Pear Milk	6	7 Stuffed Shells w/Sausage Meat Sauce Side Salad Yogurt Parfait w/Raspberries Wheat Bread / Milk	8
11	12 Mushroom Swiss Hamburger Roasted Potatoes Zucchini Pear Halves Wheat Bun / Milk	13	14 Chicken Broccoli Alfredo w/ Penne Pasta Broccoli Mandarin Oranges Wheat Roll / Milk	15
18	19 Meatloaf Mashed Potatoes Baby Carrots Fruit Cocktail Wheat Bread Milk	20	21 Turkey w/Gravy Mashed Potatoes Brussel Sprouts Cranberry Sauce Apple Pie Bread / Milk	22
25	26 Spanish Rice w/Peppers Wheat Bread Grapes Milk	27	28  Closed	29

Services and funding provided in whole or by part, by US Department of Health & Human Services, Administration on aging, New York State Office for the Aging, Essex County Office for the Aging and ACAP.

<p>Meal Site  Pat  518-251-2510</p>
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