

**Town of Minerva, Essex County, NY**  
**ACAP NUTRITION PROGRAM MENU SEPTEMBER 2024**  
**MENU SUBJECT TO CHANGE W/O NOTICE**

|  |   |           |   |           |
|--|---|-----------|---|-----------|
| <p>2</p>  | <p>3</p> <p>Spanish Rice<br/> w/Green Pepper<br/> Grapes<br/> Oatmeal Cookie<br/> Wheat Bread<br/> Milk</p>                       | <p>4</p>  | <p>5</p> <p>Salmon<br/> Rice<br/> Asparagus<br/> Strawberry<br/> w/Fruit Dip<br/> Wheat Bread<br/> Milk</p>     | <p>6</p>  |
| <p>9</p>   | <p>10</p> <p>Sausage &amp; Peppers<br/> Sweet Potato<br/> Pineapple Chunks<br/> Wheat Hotdog Bun<br/> Milk</p>                    | <p>11</p> | <p>12</p> <p>Chicken Fajitas<br/> Rice<br/> Chocolate Chip<br/> Cookie<br/> Cantaloupe<br/> Milk</p>            | <p>13</p> |
| <p>16</p>  | <p>17</p> <p>Turkey w/Gravy<br/> Mashed Potatoes<br/> Brussel Sprouts<br/> Apple Pie<br/> Wheat Bread / Milk</p>                  | <p>18</p> | <p>19</p> <p>Taco Salad<br/> Banana<br/> Wheat Bread<br/> Milk</p>  | <p>20</p> |
| <p>23</p>  | <p>24</p> <p>Stuffed Shells<br/> w/Sausage<br/> Italian Veggie<br/> Side Salad<br/> Yogurt Parfait<br/> Wheat Bread<br/> Milk</p> | <p>25</p> | <p>26</p> <p>Baked Haddock<br/> Sweet Potato<br/> Broccoli<br/> Raspberries w/Cream<br/> Wheat Bread / Milk</p> | <p>27</p> |

Services and funding provided in whole or by part, by US Department of Health & Human Services, Administration on aging, New York State Office for the Aging, Essex County Office for the Aging and ACAP.

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| <p>Meal Site<br/> Pat<br/> 518-251-2510</p> |
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