

Town of Minerva, Essex County, NY
ACAP NUTRITION PROGRAM MENU AUGUST 2024
MENU SUBJECT TO CHANGE W/O NOTICE

	30 Macaroni & Cheese Broccoli Grapes Oatmeal Cookie Wheat Bread Milk		1 Pork Chop w/Gravy Roasted Red Potatoes Green Beans Pineapple Tidbits Peanut Butter Cookie Wheat Bread / Milk	2
5	6 Fried Chicken w/Country Gravy Mashed Potatoes California Blend Veg Pearl Halves Wheat Bread Milk	7	8 Chicken Caesar Salad Croutons Hard Boiled Egg Apple Crisp Milk	9
12	13 Turkey w/ Gravy Mashed Potatoes Brussel Sprouts Apple Pie Wheat Bread Milk	14	15 Spaghetti w/Turkey Meatballs Italian Veggies Cottage Cheese w/Fruit Wheat Bread Milk	16
19	20 Gazpacho Turkey Sandwich on Wheat Bread Applesauce Milk	21	22 Tuna w/Tomato Wheat Bread Sliced Cucumbers Apricots Milk	23
26	27 Chicken w/Basil Pasta Stewed Tomato Fruit Salad Wheat Bread Milk	28	29 Chicken Quesadilla Rice Cantaloupe Chocolate Chip Cookie Milk	30

Services and funding provided in whole or by part, by US Department of Health & Human Services, Administration on aging, New York State Office for the Aging, Essex County Office for the Aging and ACAP.

<p>Meal Site Pat 518-251-2510</p>
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