

# Child Care News

**Adirondack Community  
Action Programs, Inc.**

Your quarterly child care  
provider newsletter!  
(April, May, June 2024)

## Upcoming Events



- First Aid/CPR – April 6th,  
May 4th, or June 8th
- MAT Training– April 14th,  
May 5th, or June 9th
- Development, Nutrition, and  
Fun with Infants and  
Toddlers– April 20th
- Record Keeping– May 29th
- Top 10 Compliance  
Violations w/ OCFS  
Regulators– June 1st
- Health & Safety Course  
(Family or Group Family  
Providers) May 8th, 9th, 10,  
15th, & 16th
- Health & Safety Course  
(School Age Providers or  
Daycare Directors) June 1st,  
8th, & 15th

Support with registering for  
these trainings can be  
provided!

\*\*Trainings currently conducted  
by the Child Care Coordinating  
Council of the North Country in  
Plattsburgh.

ACAP aims to hold trainings in the

**Free!**

## Free Pack 'n Plays from OCFS

All licensed/registered family  
and group family day care  
programs as well as home  
based legally exempt programs  
are eligible for a pack 'n play crib  
and one fitted sheet at no cost.  
Group family day care programs  
are eligible to receive 2 pack 'n  
play cribs!

To request one, please  
complete the form below or  
contact us!

[https://forms.office.com/Pages/ResponsePage.aspx?id=6rhs9AB5EE2M64Dowcge5wfFC2ia\\_ilHkHaHz7BvCitUQ1VaTzRWTIkWQTFDN0c0SE5XOEwzVEk4Si4u](https://forms.office.com/Pages/ResponsePage.aspx?id=6rhs9AB5EE2M64Dowcge5wfFC2ia_ilHkHaHz7BvCitUQ1VaTzRWTIkWQTFDN0c0SE5XOEwzVEk4Si4u)



# Fun Facts for Celebrating!

 April is known for National Brunch Month, National Garden Month and America the Beautiful Month.

 May is known for National Burger Month, Older Americans Month and National Military Appreciation Month.

 June is known for National Dairy Month, The Great Outdoors Month and National Fresh Fruits and Veggies Month.



Celebrate Accordingly!

## Let's Talk Mealtime: Family Style!



For the “Picky” Eaters  
Saying:

- “It’s ok that you didn’t want to try that food today. Maybe you can try it another day.”, let’s the child know that just because they didn’t try it today, the food will be served again
- “You don’t have to eat it.” –takes the pressure off and lets the child know they have a choice.
- “Would you like to use a Taste Plate?” Some children do not want unfamiliar foods on their plate. Offering a side plate for the new food makes it less scary.



CHILD AND ADULT CARE FOOD PROGRAM

SERVES OVER 4 MILLION CHILDREN  
with healthy meals and snacks daily.

## Valuable Diversity, Equity, Inclusion, & Accessibility (DEIA) Resources

OCFS has launched their DEIA Toolkit! This toolkit provides child care programs with ideas on how to expand children's access and exposure to diversity, equity, inclusion and accessibility.

The purpose of the toolkit is to empower the child care community by providing resources and information about how to incorporate DEIA into a program's mission, philosophy, programming, education, materials/supplies and activities. It may also help strengthen relationships between child care programs and the families they serve. To access this toolkit, use the link below.

<https://ocfs.ny.gov/programs/childcare/deia-toolkit.php>

## News from the Child Care Business Specialist

Expense Reports for Deserts Grant and Workforce Retention Grant awardees are available now!

Contact Brittney Cowan at [bcowan@acapinc.org](mailto:bcowan@acapinc.org) or (518)396-9084 with any questions





# Afterschool Programs: What have they been up to?

**Moriah Afterschool program** has been busy with some agricultural activities such as; doing some planting and keeping our bird feeders full with Ronnie. We had also been enjoying the beautiful pre-spring weather out on the playground and with our littlest group enjoying a new playground that has recently been installed. Many games of Chess, Guess 10 and Candy-Land are being enjoyed throughout the afternoon. As always, Legos, Lincoln logs, and magna tiles are played as well. We will be enjoying an Easter celebration where we will be making a few crafts and enjoying a snack of ice cream and rice crispy treats as we get ready to begin Spring vacation.

**Schroon Lake Afterschool** has been having a Great Year and numbers are on the rise. We have really been enjoying 4H coming into our program to do STEM activities with us. Our academic enrichment part of our program is continuing to provide the extra help with doing homework and practicing those skills in all areas. We are looking forward to some much needed outside time and activities because of the warmer weather upon us.

**ELW/Boquet Valley Afterschool** has been very busy this quarter. Some of the students participated in the youth commission biddy basketball, they also enjoyed sledding and building forts in the snow. Their community activity was 90 valentine's cards for the senior center and the half day was on Valentine's day so they enjoyed all sorts of goodies and a scavenger hunt. As the months are moving along quickly students enjoyed playing guitars, learning about safety on the internet, polar bears, Dr. Seuss and some even participated in a school dance. We have enjoyed a St. Patrick's Day party and IF spring has truly sprung then we are planning on doing some planting projects and enjoying some nature walks and possibly participating in any clean-up activities that the school may do for earth day

# Child Care Provider Input

What would you  
like to see more of?

What would be most beneficial for you?

Any and all ideas, comments, concerns,  
questions are welcome!

Please call or email us in the Childcare  
Office, we'd love to hear your input!



## Contact Us!

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