

Town of Minerva, Essex County, NY
ACAP NUTRITION PROGRAM MENU JANUARY 2024
MENU SUBJECT TO CHANGE W/O NOTICE

<p>1</p> 	<p>2</p> <p>Fish on a Wheat Bun Tartar Sauce Bow Tie Pasta Broccoli Fruit Salad Milk</p>	<p>3</p>	<p>4</p> <p>Shepards Pie Broccoli/Cauliflower Wheat Bread Bread Pudding Apple Juice Milk</p>	<p>5</p>
<p>8</p>	<p>9</p> <p>Philly Cheese Steak Macaroni Salad Spinach Wheat Bun Butterscotch Pudding Apple Juice / Milk</p>	<p>10</p>	<p>11</p> <p>Shrimp Alfredo w/ Fettuccini Pasta Broccoli Wheat Bread Banana Milk</p>	<p>12</p>
<p>15</p> 	<p>16</p> <p>Cheese Omelet Ham Roasted Red Potato Wheat Bread Brownie Apple Juice / Milk</p>	<p>17</p>	<p>18</p> <p>Meatloaf Mashed Potatoes Baby Carrots Wheat Bread Fruit Cocktail Milk</p>	<p>19</p>
<p>22</p>	<p>23</p> <p>Meatball Sub on a Sesame Seed Bun Cubed Sweet Potato Italian Blend Veggie Yogurt w/Fruit Milk</p>	<p>24</p>	<p>25</p> <p>Michigan Hot Dogs Baked Beans Corn Wheat Bun Apple Sauce Milk</p>	<p>26</p>
<p>29</p>	<p>30</p> <p>Chicken / Biscuits Mashed Potatoes Green Beans Yogurt Parfait Milk</p>	<p>31</p>		

Services and funding provided in whole or by part, by US Department of Health & Human Services, Administration on aging, New York State Office for the Aging, Essex County Office for the Aging and ACAP.

<p>Meal Site Pat 518-251-2510</p>
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