

**Town of Minerva, Essex County, NY**  
**ACAP NUTRITION PROGRAM MENU DECEMBER 2023**  
**MENU SUBJECT TO CHANGE W/O NOTICE**

|   |   |    |  |    |
|---|---|----|--|----|
|   |   |    |  | 1  |
| 4   | 5<br>BBQ Ribs<br>Pickled Beets<br>Wheat Roll<br>Blondie Brownie<br>Apple Juice<br>Milk                            | 6  | 7<br>Philly Cheese Steak<br>Mac. Salad<br>Spinach<br>Strawberry<br>Shortcake<br>Wheat Bun / Milk   | 8  |
| 11  | 12<br>Chicken Broccoli<br>Alfredo w/Penne<br>Pasta<br>Mandarin Oranges<br>Wheat Roll<br>Milk                      | 13 | 14<br>Chili<br>Rice<br>Diced Carrots<br>Corn Bread<br>Banana<br>Milk   | 15 |
| 18  | 19<br>Meatloaf<br>Mashed Potatoes<br>Carrots<br>Strawberries &<br>Cream Bars<br>Wheat Bread<br>Apple Juice / Milk | 20 | 21<br>Salmon <br>Rice<br>Asparagus<br>Wheat Bread<br>Chocolate Mousse<br>Apple Juice / Milk | 22 |
| 25<br> | 26<br>Closed  | 27 | 28<br>Spanish Rice<br>w/Peppers<br>Wheat Bread<br>Grapes<br>Milk   | 29 |

Services and funding provided in whole or by part, by US Department of Health & Human Services, Administration on aging, New York State Office for the Aging, Essex County Office for the Aging and ACAP.

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| <p><b>Meal Site</b><br/> <b>Pat</b><br/> <b>518-251-2510</b></p> |
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