


Town of Minerva, Essex County, NY
ACAP NUTRITION PROGRAM MENU SEPTEMBER 2023
MENU SUBJECT TO CHANGE W/O NOTICE

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4 	5 Spanish Rice w/Green Pepper Banana Oatmeal Cookie Wheat Bread Milk	6	7 Meatloaf Mashed Potato Baby Carrots Pear Halves Wheat Bread Milk	8
11	12 Sausage Egg Bake Spinach Yogurt Parfait Wheat Bread Milk	13	14 BBQ Chicken Sweet Potato Zucchini Watermelon Tapioca Pudding Wheat Bread / Milk	15
18	19 Baked Haddock Sweet Potato Broccoli Berries & Cream Wheat Bread Milk	20	21 Coconut Crusted Chicken Pasta Salad Broccoli Blueberry Crisp Wheat Bread / Milk	22
25	26 Chicken Fajita Rice Cantaloupe Chocolate Chip Cookie Milk	27	28 Salmon Rice Asparagus Watermelon Brownie Wheat Bread / Milk	29

Services and funding provided in whole or by part, by US Department of Health & Human Services, Administration on aging, New York State Office for the Aging, Essex County Office for the Aging and ACAP.