Town of Minerva, Essex County, NY ACAP NUTRITION PROGRAM MENU JUNE 2023 MENU SUBJECT TO CHANGE W/O NOTICE

			Spanish Rice w/ Green Pepper Wheat Bread Grapes Milk	2
5	Meatloaf Mashed Potatoes Brussel Sprout Wheat Bread Pumpkin Pecan Crisp Apple Juice/Milk	7	8 Smothered Chicken Red Potatoes Spinach Wheat Bread Brownie Apple Juice/Milk	9
12	Salmon Rice Asparagus Wheat Bread Strawberry w/ Fruit Dip Milk	TOHAPPY *DAY* JUNE 14TH	Father's Day Baby Back Ribs Mashed Potatoes Squash Wheat Bread Boston Cream Pie Milk	16
19	Chicken Ala King Egg Noodles Spinach Wheat Roll Can Peaches Milk	1t's summer!	Taco Salad Wheat Bread Banana Milk	23
26	27 Cheeseburger w/ Lettuce/Tomato Wheat Bun Red Roasted Potato Brownie Apple Juice/Milk	28	29 Chicken w/Gravy Mashed Potato Green Beans Biscuit Yogurt Parfait Milk	30

Services and funding provided in whole or by part, by US Department of Health & Human Services, Administration on aging, New York State Office for the Aging, Essex County Office for the Aging and ACAP.