

Town of Minerva, Essex County, NY
ACAP NUTRITION PROGRAM MENU MAY 2023
MENU SUBJECT TO CHANGE W/O NOTICE

1	2 Chicken w/Gravy Mashed Potato Green Beans Biscuit Yogurt Parfait Milk	3	4 Hawaiian Ham Sweet Potato Mixed Vegetable Wheat Bread Fruit Salad Milk	5
8	9 Roast Pork w/ Honey Mustard California Blend Veg Wheat Bread Fruit Salad Milk	10	11 Mother's Day Meal Asparagus Wrapped in Turkey w/Cheese Mashed Potato Strawberry Cake Milk	12
15	16 Cube Steak w/ Mushroom Gravy Roasted Potatoes Capri Vegetables Wheat Bread Apple Sauce / Milk	17	18 Michigan Hot Dog Sweet Potato Tots Cole Slaw Wheat Bun Pineapple Tidbits Milk	19
22	23 Baby Back Ribs Mashed Potato Squash Wheat Roll Apple Crisp Milk	24	25 Baked Ziti Mixed Vegetables Wheat Bread Cottage Cheese w/Fruit Milk	26
29 	30 Lasagna Italian Vegetable Garlic Bread Oatmeal Cookie Orange Juice Milk	31		

Services and funding provided in whole or by part, by US Department of Health & Human Services, Administration on aging, New York State Office for the Aging, Essex County Office for the Aging and ACAP.