

Hiking review by Kate McCormick (4/23/22)

The Boreas Loop Trail is accessible at two points along Route 28N in Minerva. The first point is a 0.8 mile hike through woods on a slope to the Eddy in the river and then back on an up and down trail along the river bank to Route 28N. You may want to enter the second point at the DEC sign at the parking lot at the bridge on Route 28N. This is a doable hike in winter with snowshoes but is recommended as a pleasant summer and fall hike. Depending on water levels, you may be able to cool your feet on the flow over the flat rocks along the river or just marvel at the confluence of water at the eddy. There are some muddy crossings and roots to challenge the hiker, but take your time and enjoy being on this amazing river.

