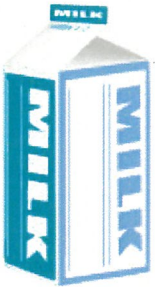


Senior Citizens Resources

Essex County Office of the Aging Programs

Essex County Office of the Aging offers and NY Connects assistance programs for Senior Citizens. Contact the Essex County Office for the Aging by clicking here: <https://www.co.essex.ny.us/wp/office-for-the-aging/> to learn more about their programs. Their address is 132 Water Street, PO Box 217, Elizabethtown, New York 12932, phone number: 518-873-3695 and fax number: 518-873-3784.

These are some of the services that the Essex County Office for the Aging can provide:



The **Food Stamp Program** is a federal program to assist lower-income families to meet their needs for ample nutrition. Income eligibility is determined by trained Food Stamp Caseworkers at your County Department of Social Services. For more information, or for assistance with completing the Food Stamp application, individuals 60 and over can contact the Office for the Aging.



Information for **caregivers** is available through our Resource Center as well as through one-to-one conversation with our trained outreach staff. In addition, referrals can be made to outside agencies to assist Caregivers.



Scams targeted at older adults – Our trained outreach staff can assist older adults with situations regarding scams, crime, and their safety. In addition, referrals can be made to outside agencies to assist with the recovery of money, personal items, etc.



Home Repair – The staff at Office for the Aging can assist individuals 60 and over with completing applications for various agencies/programs to complete home repairs that are needed to keep their home energy sufficient. In addition, some funds are available through the Weatherization, Referral & Packaging Program (WRAP), and Last Resort, to assist clients with home repairs.



Medicaid is a program designed to assist lower-income individuals/families with medical coverage. This program has income and resource guidelines that one must meet to be eligible. For more information, or assistance with completing the Medicaid application, individuals 60 and over can contact the Office for the Aging.



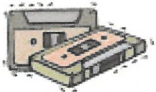
Medicare is a federal health insurance program for those over 65 who are eligible for Social Security or Railroad Retirement benefits, or for some individuals that have been disabled for over 24 months. If you have any questions about your Medicare coverage, or for assistance applying for Medicare, the outreach staff have completed extensive training to assist those individuals who are in need.



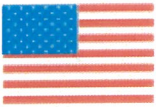
Personal Care Aides – The Office for the Aging currently has the Expanded In-Home Services for the Elderly Program (EISEP) that provides individuals with both case management and non-medical in-home services, such as meal preparation, and assistance with household chores and shopping. This program is available to those who are income eligible, and is designed to either delay or eliminate the need for nursing home or institutional long term care. In addition to income eligibility, these services are provided to those who are at the highest priority. If the individual has current Medicaid coverage, or is eligible for Medicaid, in-home services provided by an aide, such as household chores, shopping, etc., could possibly be covered by their Medicaid coverage, through the Coordinated Care Unit. For more information on these programs, please feel free to contact the Office for the Aging.



Social Security is the monthly cash benefits, based on prior employment and amounts withheld from earnings during employment years. For any questions regarding your eligibility or benefits, please feel free to contact the Office for the Aging.



Talking books – Assistance can be provided to those who are in need of talking books. Talking books are provided through the New York State Talking Book & Braille Library. This is a service of the New York State Library, New York State Education Department, and the National Library Service for the Blind and Physically Handicapped of the Library of Congress in Washington D.C. For more information, an application, or for assistance completing the application, please feel free to contact the Office for the Aging.



Veteran's Affairs – In collaboration with our County's Department of Veteran's Affairs, our staff can assist veterans with questions or concerns regarding their benefits, prescriptions, etc.



Opportunities to volunteer – Our office currently has volunteering opportunities for those who are interested. In addition, we have a volunteering opportunity booklet that can be provided for other sites and opportunities, for those who are interested in volunteering. There are sites and tasks for everyone who is interested. For a copy of the free booklet, please feel free to contact our office.



[Voter Registration.](#)



Information regarding a **Lifeline** (Personal Emergency Response Service – PERS) can be provided by our Office. Lifeline is a service that utilizes an alarm button with a voice communicator to alert the central location that the individual may be in need of help. In an emergency, one touch of the help button, which is usually worn around the neck or wrist, provides the individual with reassurance that help is only a few minutes away. For more information regarding Lifeline, please feel free to contact the Office for the Aging.